



DEPARTMENT OF THE ARMY
1st BATTALION, 507th PARACHUTE INFANTRY REGIMENT
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FORT BENNING, GEORGIA 31905-4405

ATSH-TPP

31 August 2006

MEMORANDUM THRU

Commander, 11th Infantry Regiment, Fort Benning, GA 31905
G3/DOT, United States Infantry Center and School, Fort Benning, GA 31905

FOR Deputy Commanding General, United States Infantry Center and School, Fort Benning, GA 31905

SUBJECT: 1-507th PIR Basic Airborne Course Army Physical Fitness Test (APFT) Entrance Standard

1. References.

- a. Army Regulation 350-1, Army Training and Leader Development, 13 Jan 06.
- b. Department of the Army Pamphlet 351-4, U.S. Army Formal Schools Catalog, 31 Oct 95.
- c. Field Manual 21-20, Physical Fitness Training, 01 Oct 98.
- d. Memorandum, HQ DA, DCoS, G-3/5/7, 10 Aug 06, subject: Physical Fitness and Height and Weight Requirements for Military Institutional Training.

2. Beginning 01 Oct 06, all personnel who fail to meet the APFT standards described below will be dropped from the Basic Airborne Course (BAC). Students will immediately return to their unit or follow-on duty assignment. Military Occupation Specialty (MOS) reclassification will occur where appropriate for Soldiers arriving from Initial Entry Training (IET).

3. The BAC APFT is administered on the first ATRRS training day. All students must achieve 60 points in each event on the 17-21 year age scale to enter training. Those who fail to meet the push up and/or sit up standards execute the retest after ten minutes of rest. Two mile run retests occur after twenty minutes of rest.

4. The intent of this memorandum is to clearly articulate the necessity for units to properly prepare Soldiers for the BAC entrance APFT.

5. POC is MAJ Beaty at (706) 545-1156, DSN: 835-1156, eric.d.beaty@benning.army.mil.


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